

## SAFRA Urban Bike Challenge 2019 Registration Form

### Registration Fees (incl. 7% GST)

Category	Early Bird (until 31 Jan 2019)			Normal Period ( 1 Feb – 16 Feb 2019)		
	SAC Member	SAFRA Member/ HTNS/ Student	Guest	SAC Member	SAFRA Member/ HTNS/ Student	Guest
<b>Starter (7 – 11 Years old)</b> <b>Junior (12 – 16 Years old)</b> <b>Ladies (17 Years &amp; above)</b> <b>Open (17 – 35 Years old)</b> <b>Master (36 Years old &amp; above)</b>	\$30	\$40	\$50	\$40	\$50	\$60
<b>Balance Bike Dash</b> <b>CAT A – 12" bike and below</b> <ul style="list-style-type: none"> <li>2 Years old</li> <li>3 Years old</li> <li>4 Years old</li> <li>5 Years old</li> <li>Open Cat (2 – 6 Years old)</li> </ul> <b>CAT B – 14X Balance Bike</b> <ul style="list-style-type: none"> <li>4 – 7 Years old</li> </ul>	\$15			\$20		

### PARTICIPATING CATEGORY (Please tick (✓) accordingly)

#### Urban Bike Challenge

Starter   
  Junior   
  Ladies   
  Open   
  Master

#### Balance Bike Dash Category A – 12" bike & below

2 Years old   
  3 Years old   
  4 Years old   
  5 Years old   
  Open Cat (2-6 Years old)

#### Balance Bike Dash Category B – 14X bike

4 – 7 Years old

### Participant Particulars

NAME:				NRIC:	
NAME ON BIKE TAG:					
DATE OF BIRTH:			BLOOD GROUP:		GENDER: Male <input type="checkbox"/> Female <input type="checkbox"/>
ADDRESS:				(S)	
EMAIL ADDRESS (REQUIRED):				CONTACT #:	
T-SHIRT SIZE (please tick)		XS (17.5"x24.5")		S (18.5"x25.5")	M (19.5"x26.5")
		L (20.5"x27.5")		XL (21.5"x28.5")	XXL (22.5"x29.5")
		Kids S (15"x22")		Kids M (16"x23")	Kids L (17"x24")

### DECLARATION & INDEMNITY

I, \_\_\_\_\_ (NRIC/Passport No : \_\_\_\_\_), declare that all the particulars are correct and hereby agree to abide by all the Rules & Regulations of the Race. We are aware that we will be participating in SAFRA Urban Bike Challenge at our own risk and SAFRA will not be liable for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the Race.

SIGNATURE: \_\_\_\_\_  
(Participant)

#### EMERGENCY CONTACT:

Person to Contact: \_\_\_\_\_  
 Contact No: \_\_\_\_\_  
 Drug Allergy: Yes / No

**For Participants Under 18 Years Old**

1) I, \_\_\_\_\_ (NRIC/Passport No: \_\_\_\_\_) parent/guardian of \_\_\_\_\_ agree to allow my child/ward to participate in SAFRA Urban Bike Challenge and shall not hold SAFRA responsible for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the Race.

SIGNATURE: \_\_\_\_\_ Contact No: \_\_\_\_\_

**Physical Activity Readiness Questionnaire (PAR-Q Form)**

	<b>PAR-Q Form</b>	<b>NO</b>	<b>YES</b>
A	Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by a doctor?		
B	Do you feel pain in your chest when you do physical activity?		
C	In the past one month, have you had chest pain when you were not doing physical activity?		
D	Do you lose your balance because of dizziness or do you ever lose consciousness?		
E	Do you have a bone or joint problem (For example, back, knee or hip) that could be made worst to a change in your physical activity?		
F	Is your doctor currently prescribing drugs (For example, water pills) for your blood pressure or heart condition?		
G	Do you know of any other reason why you should not do physical activity? Please state (if any):		

Please read the questions carefully and answer each one honestly. Kindly note that if you have answered **YES** to one or more questions, you are strongly encouraged to seek medical advice before participating in the event.

**\*\* Acknowledgment and Waiver \*\***

I hereby declare that all my particulars given in this form are true and correct, and agree to the above Terms and Conditions. I hereby acknowledge, agree, declare and confirm that SAFRA and or its partners, officers and employees are not responsible or liable for **any loss, damages, compensation, illness, accident, injury or death howsoever arising which may occur to me or my child or ward (as the case may be) at any time during the training program/courses and I, hereby absolve SAFRA from all responsibility and all liability absolutely for any such loss, damages, compensation, illness, accident, injury or death howsoever aforesaid. I hereby unconditionally agree to and undertake to indemnify and keep SAFRA and/or its partners, officers and employees indemnified from and against any and all liability from any loss, damages, compensation, illness, accident, injury or death including costs and expenses relating thereto.** By way of registering for this event, you have given SAFRA your consent to collect, use and disclose your personal data, as provided in the registration form, to facilitate communication in accordance with the Personal Data Protection Act 2012 and our data protection policy (<https://www.safra.sg/general/privacy-policy>). Please contact Hazimah at [nhazimah@safra.sg](mailto:nhazimah@safra.sg) if you have any concerns, or wish to opt out of SAFRA communications.

SIGNATURE: \_\_\_\_\_

**OFFICIAL USE ONLY:**

**Early Bird Price: YES / NO**

**Normal Period Price: YES / NO**

**Mode of payment: Cash / Cheque / Visa / Nets**

**Received by: \_\_\_\_\_ Date: \_\_\_\_\_ Amount: \_\_\_\_\_ Receipt No \_\_\_\_\_**